

LESSON PLAN: Impacts of Residential School

Activity: Helping Hands

Grade Level: K–3

Overview

This activity begins with the class watching the introductory portion of Video 11, focusing on Phyllis's positive memories of her Granny and her grandchildren. This sets the stage for "Helping Hands Poster & Role-Play," an in-class activity where students brainstorm and visually represent acts of kindness for a class poster, culminating in collaborative role-playing scenarios to practice showing care and support.

Learning Objectives

- Recognize that people show love in different ways.
- Brainstorm and identify simple actions to offer support and kindness to peers and family.
- Physically demonstrate acts of care and helpfulness through role-playing.

Materials

- Teacher's computer with internet access
- Projector/Smartboard
- Video 11: Impacts of Residential School (specifically the segment about Granny's secret love and her grandchildren)
- Large butcher paper or poster board
- Markers, crayons
- Child-safe scissors, glue sticks (optional: pre-cut hand shapes)
- A large, open space in the classroom for role-playing

Duration

Approximately 50 minutes total (plus optional introduction/wrap-up).

Lesson Steps

1. Pre-video discussion (5 minutes)

- Have Video 11 ready to play, cued to the relevant segments (Granny's love, grandchildren's love).
- Prepare the large poster paper and art supplies for the "Helping Hands" activity.
- Clear a large, open space in the classroom for students to participate in role-playing.
- Ensure all students are settled comfortably where they can see and hear the screen.

2. Play Video (approx. 10 minutes)

- **Teacher Script Suggestion:** “Hello everyone! Today we’re going to hear a very important story from Phyllis. She is going to share some of her memories with us. You’ll hear about her Granny, and why her Granny had a very quiet, secret way to say ‘I love you.’ You’ll also hear about her grandchildren, who show her so much love. As you watch, pay close attention to how people show they care, even without using words. This will help us think about how we can all show love and make others feel special!”
- **Play Video 11:** Play the portion of the video focusing on Phyllis’s Granny’s secret way of showing love (tapping on the head) and the later part about her grandchildren loving her and getting the love they need. (Approx. 3-5 minutes of relevant video content).

3. Activity Part 2: “Helping Hands” Poster & Role-Play (approx. 35 minutes)

- **Connecting to “Feeling Loved”** (5 minutes): Gather students on the carpet or around the poster area. “We’ve heard Phyllis describe the different ways members of her family showed love and kindness to each other. Now, let’s think about how our own hands can show love and kindness to others. What are some ways our hands can show kindness and help our friends and family?”
- **Creating the “Helping Hands” Poster (15 minutes)**
 - Hang the large poster paper. Write “Our Helping Hands” at the top.
 - Give each student a pre-cut hand outline. “Now that you have your hand cut-out, I’d like you to draw a simple picture on it. This picture should show one way you can show care or help someone.” (For example, they might draw someone cleaning up toys, two friends sharing, or a kind word with a smile).
 - As they draw, ask them to say what they are drawing. You can write a word or two beside their drawing.
- **Role-Playing “Helping Hands” (15 minutes)**
 - After the poster is mostly filled, explain that now you’ll act out some of the helping hands ideas!
 - **Teacher-Led Scenarios:** Briefly describe simple scenarios based on ideas from the poster, or common classroom situations. For each scenario, invite 2-3 volunteers to act it out.
 - *Example 1:* “Oh no, someone dropped all the crayons! How can our helping hands clean up?” (Students act out picking up crayons).
 - *Example 2:* “Your friend looks sad on the carpet. What could your helping hands do to make them feel better?” (Students act out offering a pat on the back, a kind word, or inviting them to play).
 - *Example 3:* “Someone needs help reaching a book on the shelf. How can your helping hands assist?” (Students act out offering to reach or find a step stool).
 - After each role-play, have the class give a “thumbs up” for the helping hands and discuss: “What did you see those helping hands do? How do you think that made the other person feel? Do you think it helped them feel loved and cared for, like we talked about earlier?”

4. Closing (5 minutes)

- **Teacher Script Suggestion:** “Thank you for sharing your ideas and being such wonderful actors today! Look at all the amazing ways our hands can help and show we care on our poster. Remember, just like we talked about, every child matters, and every child deserves to feel loved and cared for. We can use our helping hands every day to make our classroom and our homes full of kindness and love!”